

Wren Browne^[they/them]

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dob: 04 September 2000



MY MISSION

I want to help create a world where it's normal for people to follow their passions, express their identity, make their own opportunities, take on big challenges and positively contribute to society and the planet. As such I am keenly seeking experiences that will develop my mind, body and soul to help me achieve this mission.

LIVING MY MISSION

Solo travel

Organic farming, food and culture in Italy

In 2019 recently completed six months solo travel around Italy volunteering through the World Wide Opportunities on Organic Farms network. I lived and worked on nine farms and retreats around the country.

It has been an extraordinary journey of self-discovery, self-leadership and constantly learning to connect and work alongside new groups of people.

India

I am a serious student of yoga — I find it to be a perfect way to bring together my mind, body and soul.

I completed a one-month 200-hour Yoga Teacher Training in Rishikesh, India in August 2019.

Taiwan

I spent one month visiting cities and National Parks of Taiwan, as part of my mission to explore and learn from cultures different to my upbringing.

MountainsOfGoodness.com

As part of my achieving my mission, I am documenting the personal and practical ups and downs of my journey in my blog mountainsofgoodness.com.



MIND

Achievements:

Certificate IV in Outdoor Education	[2022]
Certificate III in Sport and Recreation	[2020]
Permaculture Design Certificate	[2018]
Dux of Year 11, Morisset High School	[2017]
Multiple first-in-course awards throughout secondary school	[2013 – 2017]

Leadership experience and awards:

High School Prefect	[Years 11-12]
Service Above Self Award	[Year 10]
Orion Energy Scholarship Award	[Year 10]
Education week <i>Award of Excellence</i>	[Year 10]
School Representative Council	[Years 7-9]

BODY

Physical and sporting achievements:

First place: <i>Non-binary group</i> , Canberra Marathon	[April 2023]
Bike packing trip, Sydney to K'gari	[Jun-Aug 2021]
Hiked the 230 km, <i>Larapinta Trail</i> , NT, Australia	[May 2021]
Hiked Mt Etna (Sicily, Italy)	[4 days July 2019]
Trekking the 250 km, Sydney to Newcastle, <i>Great North Walk</i>	[15 days Mar/Apr 2018]

... 🏃 BODY

Won *1st in age* (u19) Central Coast Half-marathon [26 Nov 2017]

Represented Australia in the United States with the Australian Futsal Association [2016]

Represented Northern NSW in National School Futsal Championships [2015-16]

Premier Soccer League [2015-2017]

Represented Lake Macquarie in NSW Football Championships [2014]

Regular representative in regional and inter-school sports: soccer, cricket, basket ball, volley ball, athletics, cross country [2013-2017]

♥ SOUL

Interests:

Health and wellbeing

I am enthusiastic about healthy habits and exploring positive wellbeing methods. I enjoy being active in nature and challenging myself physically through outdoor adventures.

Crafts

I have a strong passion for creating with my hands. My interests are broad — from carving avocado seeds and wooden spoons to cooking and sewing my own clothes.

Sustainable living

I have an ever-growing interest in sustainable living, the slow food movement and permaculture ethics.

International travel:

I have had the privilege of visiting a number of countries throughout my life: New Zealand, Hong Kong, England, France, Italy, USA, Thailand, Scotland, Ireland, India, Taiwan.

I have grown to enjoy and appreciate being immersed in the culture and meeting the people of other countries as well as seeing their iconic attractions.

EMPLOYMENT

Outward Bound Australia [2022 - now]

National Base, Canberra

Group Leader in outdoor education and expeditions

Teros Eco Store, Hobart [2022]

Retail Sales Assistant

Anaconda, Gosford [2020]

Retail Sales Assistant

Outdoor Education NSW [2020]

Group Leader

Quad Bike King [2019]

Tour Guide

Hunter Valley Gardens [2018]

Gift Shop, Sales Assistant

Fit Life Health Club, Cooranbong [2018]

Customer consultant/receptionist

Thai Square, Morisset [2018]

Waiter

OTHER WORK-RELATED EXPERIENCE

Volunteer fieldwork assistant for UTAS Tasmanian devil research

Onshore volunteer for Sea Shepherd Hobart, TAS

Volunteer farmer on organic urban farm, Newcastle

Volunteer camp leader at Point Wolstoncroft Sport and Recreation Centre

QUALIFICATIONS

(currently completing) [2023-]

Certificate III in Conservation and
ecosystem management
TAFE NSW

Wilderness First Aid [2022]
Outward Bound

Certificate IV in Outdoor Education [2022]
5-Star Training & Consulting

Certificate III in Sport and Recreation [2020]
TAFE NSW

Senior First Aid Certificate [2020]
H&A Training

Yoga Teacher Certification [2019]
Sattya Yogada School, Rishikesh, India

Permaculture Design Certificate [2018]
Purple Pear Farm, Rutherford NSW

Accredited Barista Certificate [2018]
Australian Barista School

Food Safety Supervisor Certificate [2018]
Food Safety Australia

Year 11 [2017]
Morisset High School

REFEREES

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